



# FAB: The digital resilience project

## Lou Mycroft

### FAB Recommendations

Our recommendations are centred around the provision of **digital resilience** training, with an acknowledgement that one size certainly does not fit all. Whilst all participants talked about 'training', none talked about 'a training course'. We therefore propose that for 2015-16, as part of the TeachNorthern programme, we develop (in the context of values-led, social purpose education):

- ongoing rhizomatic 'treasure trail'; Yammer (used by all TeachNorthern participants) as a launchpad for pre-written trails around First Principles, such as curation, uploading photographs, and storage.
- periodic rhizomatic 'pop-up' courses, eg four weeks in duration with a theme per week. This could suit a more nuanced subject, such as internet safety or social media, and could be planned or opportunistic.
- planned practical sessions (perhaps monthly) to look at hardware or other First Principles issues. Small numbers, workshop-fashion – but would need attendance commitment to be viable without charge.
- continued services of the Digital Nurse as an online resource. In fact, a number of Digital Nurses are now available to be on call. A case needs to be made for the cost-effectiveness of this *vis a vis* standard tutorial support.
- consider developing an initial 'digital resilience' session to run across all courses, mindful of a) tight timescales on the Level 3 courses and b) students being in a position where they repeat this.

We also plan to further articulate the TeachNorthern blended approach, which combines the face-to-face intense discipline of the Thinking Environment processes with the use of freely available social media in a Community of Praxis.

[Read our full report](#)



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## Unfolding the Arms (The FAB Project) 2015

### The Brief for 'Unfolding the Arms' (The FAB Project), funded by ETF via EMCETT

As digital pioneers, we have become used to reading resistance in the folks we try to work with, whether that's in a CPD session, at a staff meeting or just in passing conversation. It takes two forms: that facial expression observed when the person you're speaking to isn't listening, is just waiting to speak and, when sitting down, firmly folded arms. Over the past, post-FELTAG year this observation has become first a metaphor for digital resistance and then the title of our latest Education and Training Foundation funded peer-led action research project: the Folded Arms Brigade, or #FAB.

FAB aims to work with a small number of digital resisters, to try and get to the bottom of what's holding them back. As we




### Archives

March 2015

February 2015

January 2015

December 2014

August 2014

July 2014

### Research Findings

Two themes emerged around the subject of **resistance**:

- *Untrue Limiting Assumptions*
- *Impostor Syndrome*

Four themes gave clues about achieving **digital resilience**:

- *Fluency*
- *First Principles*
- *Purpose*
- *Support*

