

# Development of a learner focussed methodology as the core of a holistic learning journey

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### Key findings

Group A were exposed to coaching techniques, as the primary method of classroom management; the control group (Group B) were not.

This research found significantly improved results within Group A when compared to Group B, specifically:

- 50% more learners in cohort A achieved or exceeded the target grade
- Empowered individuals by allowing them ownership of their work
- Improved organisational and note-taking skills
- Overcame emotional and environmental roadblocks
- Resolved conflicts
- Ensured harmonious group or team work

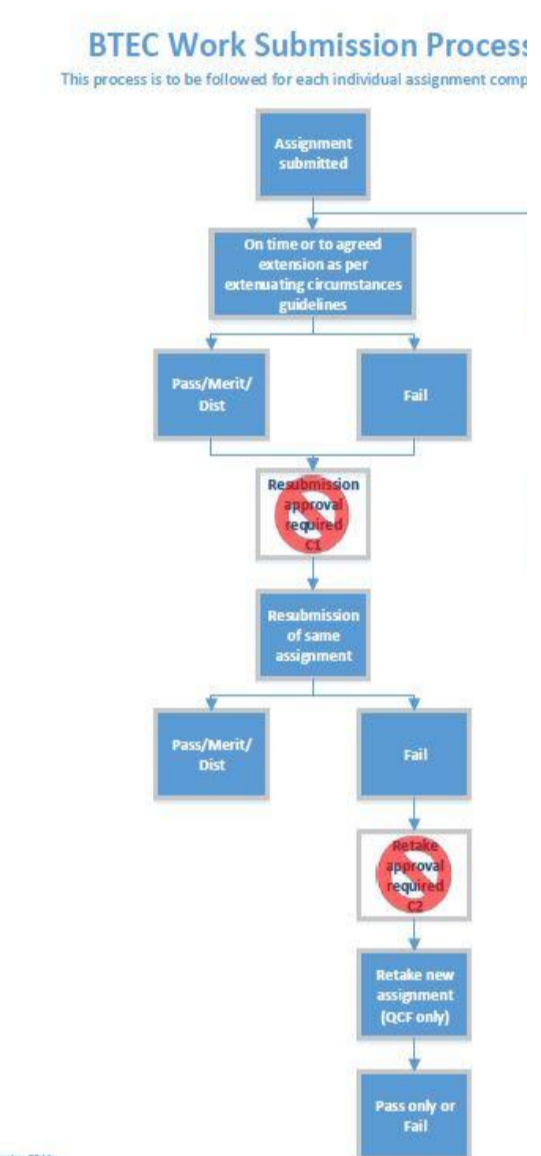
Before coaching can be integrated to promote learner independence - agreement on definitions and application style is needed amongst practitioners.

It is not sufficient to presume that if teachers teach, learners will learn.

Design of the curriculum is crucial to the successful implementation or otherwise of independent learning and the teaching practices which result.

A curriculum which values the development of independent learning and makes time and space for it within the academic timetable, will foster success.

A teacher training programme which places facilitation and coaching in the classroom as a norm, will ensure future practitioners have the skills to facilitate life-long independent learning skills within their students.



Read the full report

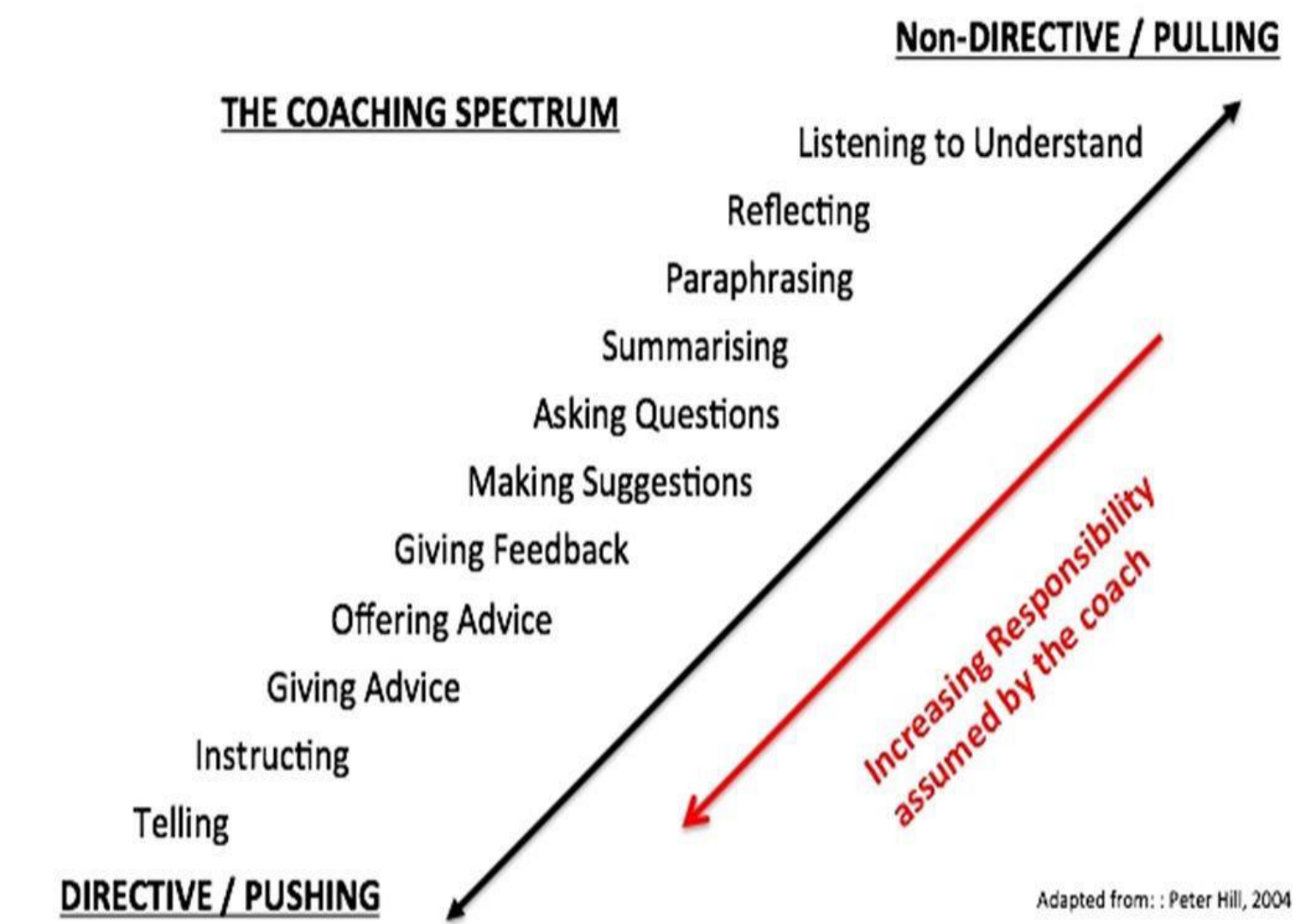


Figure 5: Coaching Spectrum  
I predominately operated in the top end of the spectrum – using non-directive techniques. I utilised a ball to signify ownership or where responsibility lay. The ball was a metaphor used to engage the cohort with the new techniques. The ball became a symbol and a visual representation of who was leading the learning.

### Recommendations

This research supports the hypothesis that coaching methodology enhances outcomes for students and practitioners alike.

Further research is warranted, specifically the development of additional classroom strategies within a broader demographic and larger cohorts in order to optimise the significant potential this methodology offers.